

Apprentice and Trainee Discovery Day 2022

# People, Places and Plants

The importance of green space to health and wellbeing

Wednesday 28 September 2022 9.45am to 4pm

Join us at iconic RHS Garden, Wisley\* for our exploration of the benefits of green space to people's health and wellbeing. You will be welcomed to the **new 'RHS Hilltop' building** opened in June 2021. It is the UK's first dedicated horticultural scientific centre of excellence protecting the future of plants, people and the planet.

You will participate in activities designed to assess our connection with plants, places and planet, and the impact this has on your wellbeing and the wellbeing of others. It is an opportunity to discover topics and ideas not always encountered in day-to-day work and training, but which are related to a career in horticulture and its allied disciplines.

A range of notable speakers will share their experience in designing and planting gardens for health and wellbeing, the science behind it and ways to encourage others to get involved.

**Refreshments and packed lunch provided for the Networking Lunch** with time to view information displays and learn more about careers in horticulture.

This event is a joint initiative between the Royal Parks Guild and the Royal Horticultural Society in partnership with The Tree Council and their Force for Nature Campaign. The day is **free of charge** and open to apprentices and trainees working in all aspects of horticulture.

Want to attend? Please fill in this online registration form (<https://forms.gle/trhGh9AF64LGBaC8>) by the 15 September 2022. Places will be allocated on a first-come first-served basis.

\*A free bus service will operate between Woking Railway Station and Wisley Gardens, before and after the event.

Main sponsors:



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For further information please contact Mike Fitt at [Chairman@trpg.org.uk](mailto:Chairman@trpg.org.uk)